### Family Resource Center Newsletter

1010 Enfield Street/110 High Street, Enfield, CT 06082 www.enfield-ct.gov (860) 253-5144



#### **Important Dates**:

#### May:

Grandparent Grp.- May 17
Playgroup at the Park- May 26
Single Parent Grp. – May 13 & 27
Two Right Feet- May 12
Autism Group- May 19
Enfield Gets Ready for First GradeMay 27

#### June:

Grandparent Grp.- June 7 Pearl St. Library- June 2 Thompsonville Fire-June 9

#### <u>July:</u>

Learning through Play groups: July 12, 19 & 26

Summer Preschool Camp: Session 1: July 20-24

Session 1: July 20-24 Session 2: July 27-30

\*\*REMINDER: DURING HOLIDAYS AND IN-SERVICE DAYS THERE ARE NO FRC PROGRAMS.

#### **NO FRC PROGRAMS:**

#### MAY:

Memorial Day- May 31

#### JUNE

Field Day- Friday June 4- no playgroups (rain date- June 11)

#### JULY:

Independence Day- July 5

Save the Date for...

Enfield Gets Ready for 1st Grade

Thursday, May 27 at 6:30 pm

#### Henry Barnard School

An informational meeting for parents whose children will be entering 1st Grade next year.

- Receive information on the 1<sup>st</sup> grade curriculum
- Hear about 1st grade procedures and expectations
- Tour a first grade classroom
- Receive materials to work with your child over the summer

For more information, contact Amy Witbro, Partnership Coordinator, at (860)253-6552

### GRANDPARENTS RAISING GRANDCHILDREN

When: Monday, May 17 and picnic Monday, June 7

**Time:** 5:45 – 7:30 pm

Where: ECDC, 132 South Road
Enfield
(Picnic- Weymouth Road
Fire Department)

**Register:** Please call the FRC at (860) 253-5144 for more information and to sign up.

SPONSORED BY THE COMMISSION ON AGING

AND THE FAMILY RESOURCE CENTER

#### **ENFIELD AUTISM SUPPORT GROUP**

The community and the FRC would like to invite you to our next meeting.

When: Wednesday, May 19

**Time:** 6:15 - 7:30 pm

Where: FRC Annex, 110 High Street

Enfield

Register: Please call the FRC at (860) 253-5144 or email <a href="mailto:kfaherty@enfield.org">kfaherty@enfield.org</a> for more information and to sign up.

#### SINGLE PARENT SUPPORT GROUP

When: Thursdays, May 13 and 27

**Time**: 6:00 – 7:30 pm

Where: FRC Annex, 110 High Street

Enfield

Register: Please call the FRC at (860) 253-5144 or email amorales@enfield.org for more information

and to sign up.

#### Some Summer Fun Facts....

#### DID YOU KNOW!

#### Watermelon

Watermelon is actually a VEGETABLE! It is from the botanical family Cucurbitaceae and is most closely related to cucumbers, pumpkins and squash. The watermelon is composed of 92% water and early explorers often used hollowed out watermelons as canteens.

#### **Popsicles**

In 1905, an 11-year-old boy named Frank Epperson invented the first Popsicle. He created it completely by accident. Frank accidentally left a mixture of powdered soda and water, with a stirring stick, on his porch. He awoke the next morning and found a frozen pop! He first named his frozen pop an "Epsicle", but when he got older his kids asked for "Pop's" sicle and the new name was born. Popsicles are more popular than ever today, with Cherry being the number one favorite flavor.

#### Ice cream

The average American eats around 5 1/2 gallons of ice cream a year, more than any other nationality. The late President Reagan declared July National Ice Cream month. It is also the month the most ice cream is sold.



### PLAYGROUP AT THE

When: Wednesday, May 26

**Time**: 9:30 am

Where: Rainbow Park, Longmeadow, MA

**Register:** Please call the FRC at (860) 253-5144 to sign up or email

kfaherty@enfield.org.

### TWO RIGHT FEET MULTI-SENSORY MUSIC & MOVEMENT PROGRAM

When: Wednesday, May 12

**Time:** 9:30 – 10:00 am & 10:15 – 10:45 am

(Please sign up for one session)

Where: FRC Annex, 110 High Street

Register: <u>Space is very limited.</u> Please call the FRC at (860) 253-5144 or email <u>kfaherty@enfield.org</u> for more information and to sign up.

# CARING FOR CHILDREN INFO SESSION

Do you want to learn more about how young children grow and develop? Are you interested in becoming a licensed family child care provider? Please come to a **free** info session sponsored by 2-1-1 Child Care

When: Tuesday, May 25, 2010

**Time:** 6:00-6:30 pm- Registration 6:30-8:00 pm- Training on children's growth and development 8:00-8:30 pm- Resource browsing

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 $\textbf{Where} \hbox{: } Enfield \ Child \ Development \ Center,$ 

110 High Street

**Register:** Contact 2-1-1 Child Care at 2-1-1 or 1-800-505-1000. Light refreshments and sandwiches provided.

## A VISIT TO THE THOMPSONVILLE FIRE STATION

When: Wednesday, June 9

**Time:** 9:30 am

Where: Thompsonville Fire, Pearl Street

**Register**: Please call the FRC at (860) 253-5144 or email

kfaherty@enfield.org for more information

and to sign up.



### STORY TIME AT THE PEARL STREET LIBRARY

When: Wednesday, June 2

**Time:** 9:30 am

Where: Pearl Street Library, Enfield

**Register:** Please call the FRC at (860) 253-5144 or email <a href="mailto:kfaherty@enfield.org">kfaherty@enfield.org</a> for more information and to sign up.

## ADULT EDUCATION AND FAMILY LITERACY PROGRAM

GED classes: Thurs. & Fridays,

9:00 am – 10:45 am (Parent Resource Center Rm 202)

English as a Second Language:
Tues. & Thurs.
9:00 - 10:45 a.m.
(Parent Resource Center, Rm 202)

Current classes end June 17. Summer session begins July 6.

Literacy based activities are provided for children ages 6 months and up during the classes.

Please call the FRC at (860) 253-5144 for more information and to sign up.

#### SUMMER LEARNING THROUGH PLAY GROUPS

We will offer our Learning through Play Groups this summer during the following dates in July:

Mondays, July 12, 19 and 26

9:30-10:30 a.m. and 10:30-11:30 a.m.

These will be held at Alcorn School in the FRC classroom, Room 202.

Space is limited. Please call the FRC at 860-253-5144 to register or email kfaherty@enfield.org

#### SUMMER PRESCHOOL CAMP

The FRC will offer our preschool camp this July. This program will be open to 3 and 4 year old children with no formal preschool experience who are starting preschool for the first time in the fall.

The program will run Tuesday-Friday for each week and there will be ten slots available for each week. Enrollment is on a first come, first serve basis. We will give priority to children living in the Alcorn School district. The sessions are as follows:

Session One- July 20-23 Session Two- July 27-30

Please contact the FRC for more information at (860) 253-5144.

# DO YOU WANT TO FIND OUT HOW YOUR CHILD IS PROGRESSING WITH DEVELOPMENT?

The FRC is offering the Ages and Stages
Developmental Screening to children ages
4 months-5 years. It is a simple
questionnaire completed with the parent
or caregiver that shows how children are
progressing in the developmental areas.
The screening can be completed at the
FRC or at your home. Please call the FRC
at (860) 253-5144 or email
kfaherty@enfield.org to schedule an
appointment.

#### PERSONAL VISITS

Just a reminder that the FRC continues to offer personal visits to families at home or in our center. The purpose of these visits is to help parents or caregivers work with their children to encourage growth and development. By using a curriculum called "Parents as Teachers", we will help you know what to expect as your child grows and answer any questions you have regarding their development.

Please talk with Kate Faherty, Parent Educator, to schedule a visit. kfaherty@enfield.org 860-253-5144



#### Summertime

I love all the fun that summertime brings— Except for the ticks and spiders and bees. Except for the pollen from grasses and trees. Except for the sunburn and rashes from heat, Except for mosquitoes that suck on your skin, and all of the flies that let themselves in. Except for the weather that's humid and hot Except for those nights that I twist and turn on my cot.

But do you wanna know what's the best part of summertime fun....

School's out **Yes!**Time for some fun in the sun

Creating a
Partnership between
the School, Family
and Community.



THE ALCORN SCHOOL FAMILY RESOURCE CENTER
1010 ENFIELD STREET
110 HIGH STREET (ANNEX)
ENFIELD, CT 06082

Phone: (860) 253-5144

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We're on the Web! www.enfield-ct.gov

Just a Reminder that we're on

facebook

**BECOME A FAN!** 

And get info on upcoming events.

### PARENTS CORNER

#### SUMMERTIME SAFETY TIPS

**SUMMER** for most kids, is a break from school work, tests, homework, and other daily activities. Safety lessons should continue each day through the summer months!

- 1. Bicycle helmets can prevent up to 88 percent of cyclists' brain injuries, says the Bicycle Helmet Safety Institute. Helmets should be positioned correctly and should fit snugly with the straps properly buckled. Parents should lead by example and insist that kids wear helmets for bicycling, skateboarding and inline skating.
- 2. Insects can be a real summer buzz kill. To keep mosquitoes away, use insect repellent and light citronella candles. Cover food at outdoor events to avoid attracting bees and wasps.
- 3. Keep cool on hot days by limiting exertion and staying inside. Be sure those at high risk of heat-related illness -- children and senior citizens -- follow your lead.
- 4. Swim safely. Drowning is the second-leading cause of injury-related death for children, according to the CDC. Teach children to swim, and never allow them to swim unsupervised. Kids should obey rules such as: swim with a buddy, don't dive into unfamiliar water, and never push or jump on others.

**ZOOM!** Summer can go by in the blink of an eye. In between all of your road trips and roller coaster rides, take time to relax and enjoy the season.